

DAY 1 — ARRIVAL



From this moment, the trip has already started.
The goal of the first day is not results, but a smooth entry.

STEP 1 — AFTER LANDING

Don't rush.

Pick up your luggage, leave the airport, and avoid making decisions inside.
Everything you need is outside.



STEP 2 — HOW TO LEAVE

There are three working options. Any of them is correct.

Transfer : €82 (per group up to 8)



Best for: stress-free arrival

- *booked in advance*
- *you are met at the airport*
- *the calmest option with no extra effort*

Taxi : €25-40 (center)



- *you can leave immediately*
- *you have a trusted driver contact (24/7)*
- *you can message in advance via WhatsApp / Viber*

Bus : ~€2.5



- the simplest and cheapest option
 - clear route, no complications
 - suitable if you want to minimize costs
- Choose → go. That's enough.

Taxi : €25–40 (center)



- you can leave immediately
- you have a trusted driver contact (24/7)
- you can message in advance via WhatsApp / Viber



STEP 3 — CHECK-IN



Take a break:
— shower
— rest
— reset

Do not start activities immediately.

If you arrived early — leave your luggage and go out. This is normal practice.

NEXT — BASED ON ARRIVAL TIME

Morning

Easy start: food + short walk nearby.

Evening — calm dinner.

Daytime

Half the day is already gone.

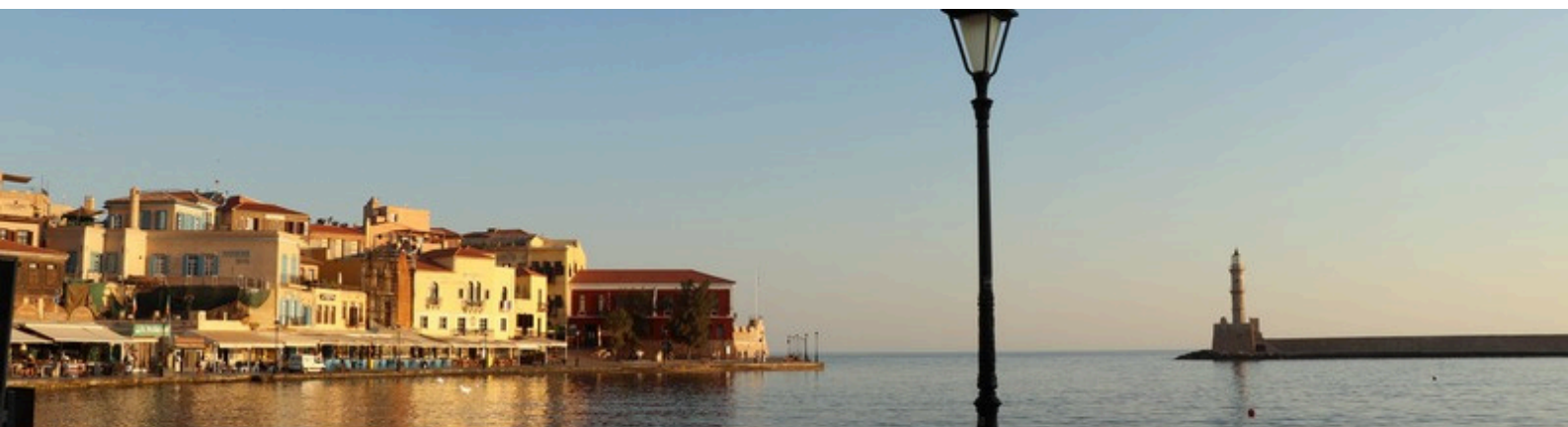
One walk is enough.

Evening

No plans.

Dinner near your place → rest.

IF YOU ARE IN CHANIA (CENTER / OLD TOWN)



In the evening:

Just walk toward the Old Town.

You will naturally reach the water and the promenade. No route needed.

One walk + one dinner is enough.

HOW TO QUICKLY UNDERSTAND THE CITY



Remember three reference points:

- Old Town
- Promenade
- Harbor with the lighthouse

If you see water — you are oriented correctly.

One walk along the promenade = basic understanding of the city.

TAXI IN CHANIA



Operating 24-hours
+30 2821098700

Number: **18300** (extra mobile charge)

What's up – Viber
+30 6987541111

It does not work like in big cities.

In practice:

1. Taxi stands (you walk up and take one)
2. Phone call
3. Personal driver (direct contact)

You don't hail taxis on the street.

Taxi is only needed for:

- airport
- late evening
- if you don't want to walk

Otherwise — the city is walkable.

ABOUT THE CITY



Chania is compact.

If you stay in:

- center
- Old Town
- Nea Chora

everything will be close.

FIRST DAY PRACTICALS

Water

Tap water is drinkable.

Payment

Cards are accepted almost everywhere.

Cash: €20–50 is enough.

Parking

Do not drive deep into the Old Town.

Leave the car at the edge and walk.

Internet

If you don't have it — buy a SIM on day one.

Without it, navigation is harder.

Shopping

Minimum essentials:

- water (optional)
- food for the morning

STATE

Even if you don't feel it — you are tired.

Correct rhythm:

- eat
- walk
- stop

This helps you settle into the trip faster.

FIRST SEA



Go to the water.

No need to swim.

Just stand there for a few minutes.

MAIN POINT

Do not try to make the day perfect.

If you:

- arrived
- checked in
- calmly went out in the evening

you did everything right.

The real route starts on day two.

DAY 2 — FIRST HALF OF THE DAY



START



Wake up → no rush.
This is a smooth entry into the day.

No plans, no timing, no unnecessary decisions.
One task only: get to the right place and stay there.

WHERE TO GO

Go straight to Nea Chora. Walk or drive.

Nea Chora is a 10–15 minute walk from the Old Town along the waterfront.
Stay by the water → don't turn → you'll get there.

Do not stay in the Old Town.
Do not wander “on the way.”
Do not look for a better starting point.

Go directly to the spot.

PLACE LOGIC



Nea Chora is your base for the morning.

Everything is in one place:

- breakfast
- sea
- sunbeds
- lunch

No need to combine locations.

Stay here → the day becomes simple.

WHAT THIS PLACE IS



This is a calm city beach without chaos.

A straight shoreline, sand, tavernas right by the water.

Flat, calm sea — no waves, no wind.

This is not a “photo spot.”

This is where you actually relax.

ORIENTATION



Stay close to the water.

If you see the sea — you're in the right place.

BASE POINT

Anchor yourself at [Manos Taverna](#).



This is not random:

- tables right by the water
- easy access to the sea
- central position along the beach

You sit here → your base is set.

Everything is within 1–2 minutes:

- sunbeds
- swimming
- showers
- changing cabins

Important: public toilets on the beach are unreliable.

Stay near Manos:

- toilet access
- easy return anytime
- no unnecessary movement

This solves all basic needs

HOW TO SIT



No reservation needed.

Just walk in and sit down.

If it's full:

— wait 5–10 minutes

or

— sit next door (same line, no real difference)

BREAKFAST

Simple setup:

— coffee — €3.5–4
— omelette / light breakfast — €7–9

Average: €10–12.

Don't overthink the menu.

This is not about food.

This is about settling into the day.

Sit → coffee → silence → sea in front of you.
That's where the day "locks in."

TIMING

Best window:

— breakfast: 08:00–10:00
— comfortable swimming: until 12:30

After 13:00 the sun becomes harsh.

This matters.

BEACH

After breakfast → go straight to the beach.

SUNBEDS

Umbrella + 2 sunbeds — ~€20 per day.

If full → move 10–20 meters.

It's all the same line.

Don't overthink it.

PARKING

If you have a car:

Parking is available, but not always right by the water.

Expect a short search and a 5–10 minute walk.

This is normal.

Once parked → you won't need the car.

STATE



No tasks.

You can:

- swim
- lie down
- sleep
- watch the sea

This is not about productivity.

This is about recovery.

FOOD

When hungry → go back to [Manos Taverna](#).

Fresh fish — sourced directly from the nearby port.
One of the most consistent spots in the area.

Average: €30–40 per person.

Eat → return to your sunbed.

WHAT NOT TO DO

Don't change beaches.
Don't look for other places.
Don't “explore nearby.”

Everything is already set.

WHEN TO LEAVE

Go by how you feel.

If it gets too hot or uncomfortable → leave.

No “just a bit longer.”

This is a key moment.

TRANSITION

Beach → accommodation

- shower
- cool down
- rest
- pause

No extra stops.

CRITICAL MOMENT

Even if you feel fine — leave the beach on time.

Why:

after midday, the sun becomes aggressive
and the rest stops working.

If you stay:

- fatigue builds up
- energy drops
- the evening feels weaker

If you leave on time:

- your body resets
- energy returns
- the evening works properly

This is not wasted time.

This is a reset.

EVENING — DINNER

In the evening → head to the Old Town.

Spot: [6 Kamares.](#)

WHERE TO GO

Front line, direct view of the lighthouse.

You sit → and instantly get the atmosphere:

- sea
- lights
- movement
- evening city

This is the final point of the day.

HOW IT WORKS

This place “closes” the day.

You sit:

- lighthouse in front
 - boats passing
 - evening light
- Nothing to figure out.

PRACTICAL NOTE

Reservation not required.

After 19:30 → possible 10–20 min wait.
This is normal here.

WHAT TO ORDER

Focus on meat:

- goat (antikristo style)
- pork

- salads, drinks

Average: €30–40.

AFTER



Stay in the Old Town.

Walk freely.
No route. No goals.

END

Leave when it feels enough.

The day should end calmly,
without fatigue or overload.

TOMORROW — BALOS



Early departure is essential:

- fewer people
- easier parking
- better temperature

Do not plan anything else today.

Just fix one thing: leave early.

DAY 3 — BALOS



BEFORE YOU START — HOW YOU WANT TO DO BALOS

You have three ways to experience this day. Choose one and follow it.

Option 1 — Self-drive (full control)

You drive yourself and follow the plan below.
Early start. No compromises. Full control.

Option 2 — Jeep tour (no driving, no logistics)

No road, no parking, no timing decisions.
Everything is handled for you.

Recommended jeep tour: [Balos Lagoon & Falassarna Sunset Dinner | 4x4 Experience](#)

Option 3 — By sea (boat / catamaran / yacht)

Skip the road completely. Arrive from the water.
Different perspective. No access stress.

Recommended boat / yacht option: [Chania: Balos Lagoon and Gramvousa Island Boat Tour](#)

If you choose a tour — follow the operator's schedule.
If you drive yourself — follow the plan below.

DAY LOGIC

One trip — one place
One decision: leave early
Everything else falls into place

FIRST HALF OF THE DAY

Leave — very early

Breakfast — take it with you

Movement:

direction → Balos Lagoon

after Kissamos — gravel road

drive slowly

if you see cars parked along the road — park immediately
if you see a dense flow of cars — it's already too late, do not continue

do not drive further
do not look for a better spot

DESCENT

walk down

20–30 minutes

shoes — closed

do not stop for photos on the way down — better views on the way back u

MAIN LOCATION



Balos

take your spot immediately

swim

rest

have your breakfast there

stay until mid-day

EXIT SIGNAL

large tourist boats start arriving

that's your moment to leave

SECOND HALF OF THE DAY

walk back up

slowly
with short breaks

water — essential

drive out

THIRD PART OF THE DAY

return

shower
sleep

EVENING

[Chania Old Town](#)

walk without a route

evening — no plans, just a walk and dinner

DINNER



Dimos Restaurant

Fresh seafood, simple execution, no experiments.
Come here for fish and classic Greek dishes.

Average spend: €30–35 per person.

LIMITS

do not leave late
do not drive into traffic
do not search for a better spot
do not add extra stops

SCENARIO

**Leave early → drive → park → walk down → Balos → leave before the crowds → walk up →
return → rest → city → dinner → end**

NEXT DAY

DAY 4 — FALASSARNA

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DAY LOGIC



Recovery day

No early start

No pressure

Sea + space

Light movement later

FIRST HALF OF THE DAY

Leave — without rush

direction → Falassarna Beach

easy drive

no stress

MAIN LOCATION



Falassarna

choose your zone:

left side (facing the sea)

- quiet
- more space
- slower rhythm

center

- more people
- activity
- water sports

if you want calm — go left and stay there

take a sunbed

settle in

swim

rest

food : [Avoratos Beach Bar - Umbrellas - Gyros - Burgers - Pizza](#)

— stay on the beach no movement needed

OPTIONAL SHIFT



if you want a change

walk 5–10 minutes to the center

then return

SECOND HALF OF THE DAY

leave the beach

drive back

STOP ON THE WAY

[Monastery of Gonia](#)



short stop

walk
photos

no rush

EVENING

dinner → Kissamos

[MILOS seaside cafe restaurant](#)

return to Chania

LIMITS

no early start
no overplanning
no switching locations
no extra stops

SCENARIO

Late start → Falassarna → sea → rest → short movement → monastery → dinner → return
→ end

NEXT DAY

DAY 5 — KOURNAS + GEORGIUPOLI

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DAY LOGIC



Light day

Late start

No pressure

[Lake](#) → sea → evening

FIRST HALF OF THE DAY



Leave — without rush

direction → [Lake Kournas](#)

easy drive

arrive
settle in

swim
pedal boats
rest

[food](#) — here

late breakfast or lunch
no planning

SECOND HALF OF THE DAY

direction → [Georgioupoli Beach](#)

sea

walk

rest

slow rhythm

EVENING

stay here

dinner in Georgioupoli

[Arkadi" Fish Taverna Georgiopolis](#)

no movement

RETURN



drive back to Chania

LIMITS

no early start
no extra locations
no rushing

SCENARIO

Late start → Kournas → lake → food → Georgioupoli → sea → dinner → return → en

DAY 6 — **ELAFONISSI BEACH**



First Part of the Day — The Push



Early departure — mandatory
No stops on the way
Goal: arrive before the crowds

On arrival:

Parking at the top (from ~€3)
Cars are not allowed down
All infrastructure is located at the top

Descent:

On foot — 15–20 minutes

Second Part of the Day — Beach Time



3–4 hours is enough

Organized area (center/right side):

Sunbeds + umbrella ~€20

Beach bar

Showers

Toilets

Fact:

Wind increases after midday

Transition — Exit



Leave before the wind picks up

Walk back up

Supermarket (water / snacks)

Return with Stops

Lunch on the way

[Chrysoskalitissa Monastery](#)



Short stop
View + monastery

Cave of Agia Sofia before the tunnel



Cave + small church
Coffee / short break

Third Part of the Day — Chania



[Chania](#)

Free walk

Dinner: [Salis](#)

No pressure

Next Day — Marathi

Tomorrow — [Marathi Beach](#)

Short drive
Easy access
No rush

Calm water
Sheltered bay
Perfect for recovery after Elafonissi

Focus of the day: slow pace, rest, and reset

Day 7 — Marathi Beach (reset day)



First half of the day — controlled start



Wake up without an alarm.
No rush after Elafonissi.

Departure to Marathi — when ready.
Drive: ~25–30 min from Chania.

Arrival



- Main municipal parking (free) → fills up quickly
- Paid parking nearby → backup option

Place logic



- Two bays
- No waves
- Shallow water
- Stable conditions → suitable for both couples and kids

Day format (fixed)

Beach → swim → eat → stay
Minimum: 2–3 hours
Then continue until saturation

Food (anchor point)



Main: [Loukoulos](#)

- Right on the water
- Full menu: seafood, meat, local dishes

Go there. No alternatives.

Second half of the day — exit phase



Stay until the feeling “enough” appears.
No timing.

Return to Chania.

Evening



Old Town

- free walk
- harbor, sunset, photos

Next day — Theriso Gorge



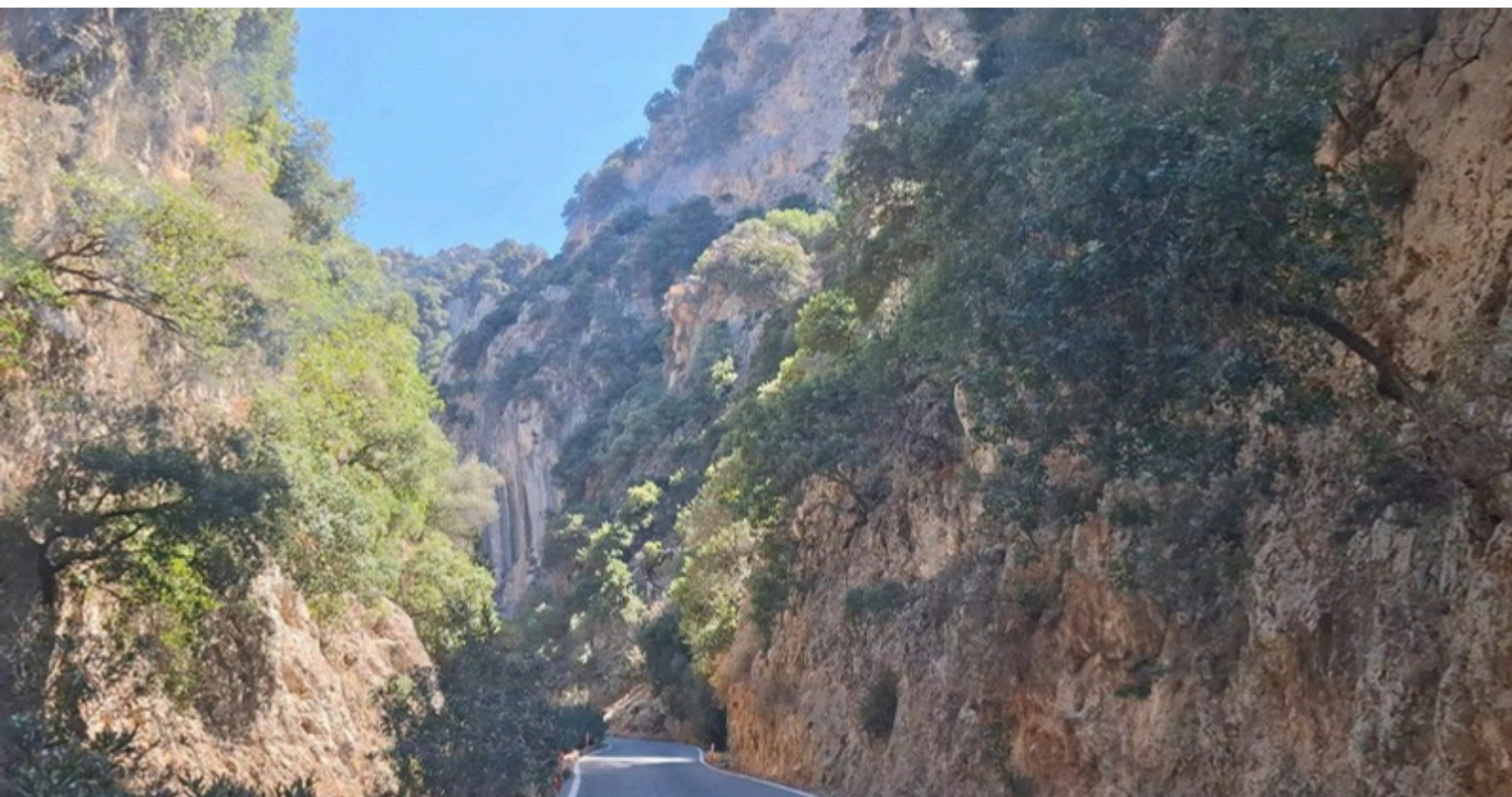
— **Short drive**

— **Mountain route**

— **No rush**

Stay flexible.

Day 8 — Theriso Gorge



First half of the day — easy move



Late start.
Drive to Theriso.

- Mountain road
- Natural shade
- Cooler than the coast

If heat is strong → this is the right move.

On site (fixed)



- Drive through the gorge
 - Stop → short walk
 - No long activity
- Then → village.

Food “Taverna "Madares"”



Same restaurant in Theriso.

- Sit down
- Eat
- No search

Return



Back to Chania.

Evening — controlled finish



Old Town again.

- short walk
- calm pace

No new locations.

Next day — [Seitan Limania Beach](#)

- Short drive
- Descent to the beach
- Limited space → early arrival

Prepare for a direct move.

Day 9 — **Seitan Limania Beach**

First half of the day — final push

Early departure.

No stops.

— ~25–30 min from Chania

— Parking above is limited

Descent

— 10–15 min on foot

— Steep path

On the beach

— Small bay

— Deep water

— No infrastructure

Stay

— 2–3 hours max

After

— Heat increases

— Crowds build up

Exit

— Climb back up

— Leave without delay

Second half of the day — reset

Return to Chania



— Hotel / pool / rest

— No extra movement

Evening — closing

Old Town



— **Return to your chosen tavern**

— **You already know the places**

— **Go back to what worked best**

— **Dinner**

— **No rush**

The trip is closed exactly where it should be.

Day 10 — Departure



This day depends on your flight time.

No new plans. No experiments.

If you have an early flight

— Wake up

— Pack

— **Leave for the airport**

If you have time

— **Slow morning**

— **Coffee / breakfast near your stay**

— **Short walk only if it feels right**

Important

— **No long drives**

— **No new locations**

— **No risks**

Before leaving

— **Check documents**

— **Check time to the airport**

— **Leave with zanax**

Goal of the day

— **Finish the trip calmly**

— **No stress**

— **No rush**

You are not starting anything new.

You are closing the trip properly.

— **Leave for the airport**

If you have time

— **Slow morning**

— **Coffee / breakfast near your stay**

— **Short walk only if it feels right**

Important

— **No long drives**

— **No new locations**

— **No risks**

Before leaving

— **Check documents**

— **Check time to the airport**

— **Leave early**

Goal of the day

— **Finish the trip calmly**

— **No stress**

— **No rush**

You are not starting anything new.

You are closing the trip properly.